

## SAFETY GUIDELINES FOR PARTICIPANTS

### GUIDELINES

Safety is of utmost importance. Safety depends on the seamanship and good judgment of each participant.

It is the responsibility of each racer to determine for themselves\* if they have the skills and conditioning required to compete in the course. You should take this responsibility seriously. Do not place yourself and others at risk by entering this race if it is beyond your level of skill or conditioning.

Seamanship and good judgment demand that each participant carry or wear a USCG-approved PFD, as well as a whistle or horn. **No one lacking this equipment will be allowed to participate.**

Seamanship and good judgment strongly suggest that each boat carry a bailer, a compass, chart and an adequate amount of fluids to prevent dehydration. A cell phone is strongly suggested for emergency communications with safety officer and race organizers. Seamanship and good judgment also suggest that each participant be confident with self rescue techniques and a strong understanding of paddling in waters with heavy commercial traffic, strong currents and potentially difficult and changing sea state conditions.

Sportsmanship requires that participants should watch out for others offering to help a fellow racer in distress or stopping to help if one caused distress to a racer. Sportsmanlike conduct will in every instance prevail. Sportsmanlike conduct precludes any attempt to block an overtaking boat. Sportsmanship also requires that competitors find within themselves the mettle to complete the course, and refrain from drafting off of any other participant or power craft.

There will be safety boats on the water during the races. If a safety boat is required to rescue you or feels the need to closely monitor you, then you are taking that safety boat away from the rest of the race course and the rest of the racers and putting everyone at additional risk. Always keep in mind that weather and water conditions can change rapidly. If you determine during a race that you are at risk, you should abandon the race and head toward the finish or the safest place possible.

Participants **MUST** inform the race staff in the finishing area that you have abandoned the race. Each racer must attend the pre-race meeting.

There will be a safety officer present in the event of an emergency.

REGISTRATION FORM

TITLE (MR, MRS, MS, DR.)    FIRST NAME                   MIDDLE INITIAL(S)

LAST NAME

SUFFIX (SR., JR., III)       PROFESSIONAL DEGREE (MD,PHD)       BIRTH DATE         GENDER

E-MAIL ADDRESS  THIS IS MY EMAIL AT HOME  WORK

COMPANY NAME

COMPANY ADDRESS

CITY                 STATE

ZIP       WORK PHONE (AREA CODE)    -    -     EXTENSION

HOME ADDRESS

HOME ADDRESS 2

CITY                 STATE

ZIP       HOME PHONE (AREA CODE)    -    -

I would like to register for:  2008 Mayor's Cup(\$125)  Metedeconck River Run (\$40)  Harriman State Park Sprint (\$40)  
 Bear Mountain Challenge (\$40)

Boat Make: \_\_\_\_\_ Model: \_\_\_\_\_  
Length & Width: \_\_\_\_\_ Color: \_\_\_\_\_  
Paddle: \_\_\_Wing\_\_\_ Euro Blade \_\_\_\_\_ Racing Class: \_\_\_\_\_

Enclosed is my check for \$\_\_\_\_\_

PLEASE MAKE CHECKS PAYABLE TO:  
RAY FUSCO INC.  
58 WASHINGTON AVE #1,  
BEACON NY 12508

Please charge my credit card for \$\_\_\_\_\_ Account Number:

AMEX  Visa  MasterCard

**NOT YET AVAILABLE**  
**COMING SOON**

Signature: \_\_\_\_\_

WAIVER: IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE MAYOR'S CUP, I, HEREBY FOR MYSELF, MY HEIRS, AND MY PERSONAL REPRESENTATIVES ASSUME ANY AND ALL RISKS THAT MIGHT BE ASSOCIATED WITH THE EVENT. I FURTHER WAIVE, RELEASE, DISCHARGE, AND COVENANT NOT TO SUE RAY FUSCO, INC., ITS OFFICERS, EMPLOYEES, SPONSORS, ORGANIZERS, VOLUNTEERS OR OTHER REPRESENTATIVES OR AGENTS OR THEIR SUCCESSORS AND ASSIGNS OR THE OWNER OF THE SITE FOR THE EVENT OF THEIR RESPECTIVE OFFICERS, EMPLOYEES OR OTHER REPRESENTATIVES OR AGENTS OR THEIR SUCCESSORS AND ASSIGNS FOR ANY AND ALL INJURIES OR DAMAGES OF ANY KIND WHATSOEVER SUFFERED AS A RESULT OF ME AND/OR MY CHILD TAKING PART IN THE EVENT AND ANY RELATED ACTIVITIES. I ALSO AGREE TO THE USE OF ANY PHOTO, FILM, OR VIDEOTAPE OF THE EVENT FOR ANY PURPOSE. I ALSO GIVE MY FULL PERMISSION FOR SUCH FIRST AID AS DEEMED NECESSARY TO BE PROVIDED TO ME OR MY CHILD ON THE PREMISES OR PRIOR TO TRANSPORT TO A HOSPITAL FOR FURTHER TREATMENT.

PARTICIPANT: \_\_\_\_\_ DATE: \_\_\_\_\_  
GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_